



DIRECTOR'S CORNER Dear Supporters:

Lives are being impacted through our ministry, and we are excited to continue serving families as we enter into a season of growth. In 2022, we served 181 distinct clients through 1549 client appointments thanks to *your* support. This was a 38% increase in client appointments over the previous year, and we are on target to surpass those numbers in 2023! There are many positive client stories that I could share, but my words don't do them justice. Read on for a testimony of how your support made a difference in the life of a local mom, **Tiffanee**.

We thank God for **you** every day! AMSL`

Amber Blair, MSW, LSW, MT-BC Executive Director



TryLife, where do I begin.

I was 40 years old coming into this pregnancy. I was 26 at the birth of my first child, unwed and not exactly happy about my situation. After all these years, I never dreamed that I would be in the same situation. I wasn't even sure I could carry a baby to term, especially at my age with all the medical conditions I've suffered through.

2020 was rough for me. I'd been in jail for 5 months, was released because of COVID, only to end up in a major car accident and then end up pregnant to a man who did not want to be with me. I was reeling to say the least. Unhappy about a pregnancy that was my heart's desire. The situation wasn't ideal, but I pushed through. After the birth of my daughter, her father abandoned us. He spent my whole pregnancy with me only to disappear whenever my daughter came into the world.

TryLife provided me with a place to go. A safe haven to speak. The help and the education I needed. Endless resources. It helped me to keep the faith. I was mad at God. I didn't understand why I was reliving a negative situation. My son's dad is gone and Navi's dad didn't want her. I was able to come to TryLife and have good people pray with me and for me. I was able to see the light at the end of the tunnel, even when I felt like giving up. I love coming to TryLife Center and will forever be grateful for the care I have received.

-Tiffanee TryLife Center Client

As a nonprofit, we face the challenge of relying on external support to fulfill our mission. TryLife Center is incredibly blessed by the support we receive throughout the year. If you are looking for a way to make a lasting impact on a family like Tiffanee's (see page 1), we ask you to prayerfully consider becoming a monthly donor.

By becoming a recurring monthly donor, you make it possible for us to plan, budget, and make decisions based on our available resources. This helps to ensure that we can continue serving our families without interruption for years to come!

You can make your gift online by scanning the code or through the enclosed giving envelope. Thank you for blessing our ministry with your generosity!



Scan here or visit www.trylife.center/donor/donations to make your donation now!

GOING GREEN

In an effort to direct more of our limited funds to client needs, we are phasing out mailing paper newsletters, event invitations, etc. Emailing our supporters costs us only 10% of printing and postage expenses, saving us thousands of dollars a year. We have some exciting updates to share with you this year, so we hope you stay tuned!

There are several ways you can connect with TryLife Center:

- Sign up for our e-newsletter
- Follow us on social media
- Visit our website

Call us at 724-339-9399 with any questions or if you need help signing up for the email blasts.

Scan the code to sign up for our e-newsletter! As always, we respect your privacy and will never share or sell your information.



WE NEED VOLUNTEERS!

Would you like to support our ministry with your time? We've been really busy this year and are in need of **Client Assistant Volunteers!** Client Assistants work directly with clients like Tiffanee (see page 1) by providing one-on-one support, educational material, or shopping help. Volunteers are needed for the following days:

Monday 12pm-4pm Tuesday 12pm-4pm Wednesday 12pm-4pm Thursday 12pm-4pm*or 4/5pm-8pm*

*indicates high need

Weekly or bi-weekly commitments are ideal, but we appreciate any support!

If you are interested in volunteering, please complete our application online at www.trylife.center/apply-to-volunteer or email **clientservices@trylife.center** for more info!

CALL FOR NOMINATIONS

We are pleased to announce that we are reintroducing the awards component of our annual fall fundraiser. If you know an individual or organization who is a beacon of hope to children and families in our community, submit their name to us! Just scan the code with your phone's camera to pull up the link to the online submission form. The deadline for submissions is **July 15th**.



BOARD OF DIRECTORS NEWS

Cynthia Sakala, President Patricia Ziringer, Secretary Joseph Schmidt, Treasurer Fred Neal Quandra Nickols Samuel Robb Cheryl Yakopec We wish to thank Michael Korns for his dedicated service on TryLife Center's Board of Directors. Congratulations to our newest Board Member, Fred Neal! Fred is the lead pastor at Redemption Church in Lower Burrell.

Interested in being a servant leader at TryLife Center? We are currently seeking professionals with experience in nonprofit/business scaling, development/revenue strategy, human resources, or legal services to join our Board of Directors. Email Amber at director@trylife.center for more information!

UPCOMING FUNDRAISERS & EVENTS





SCAN HERE FOR MORE INFO OR TO REGISTER NOW!



SAVE THE DATE



Thursday, October 12, 2023

Invitations will be emailed through our e-newsletter, so be sure to sign up!



Buy delicious, mold-free, ethically sourced coffee through this code or link and **15%** of your purchase will be **donated back to TryLife Center**!



https://sevenweekscoffee.com/?ref=TryLife

THANK YOU FOR YOUR SUPPORT

LET'S CONNECT



https://linktr.ee/trylifecenter or scan the code!

etrylifecenter

TryLife Center Join our TryLife Center Donor Hub Facebook group!

etrylifecenter



NON-PROFIT ORG U.S. POSTAGE PAID NEW KENSINGTON, PA PERMIT NO. 2920

Information Enclosed

TryLife Center respects your right to privacy. We will not share or sell our donor or mailing list. If you wish to have your name and address removed from our donor or mailing list, please call us at 724-339-9399 x105.

OUR CURRENT NEEDS

While we are continually blessed with pre-loved items for moms, dads, and babies, there are some things that we are only able to accept as new. These donations include food items, hygiene products, diapers, and wipes. If you're looking for another way to give, here are some of our current needs for **new** material items!

Diapers and Pull-Ups

- Size 5
- Size 6
- Size 7
- Pull-Ups 3T-4T
- Pull-Ups 4T-5T

Baby Wipes

Feminine Hygiene and Postpartum

- Prenatal Vitamins
- Pads, Liners, or Tampons
- Disposable Underwear (SM/MED)
- Nipple Butter or Breast Therapy

Formula - we are <u>completely out</u> of these kinds!

- Similac Sensitive (Orange)
- Similac Pro-Sensitive (Silver/Orange)
- Similac Total Comfort (Purple)
- Similar Pro-Total Comfort (Silver/Purple)
- Enfamil Gentlease (Purple)
- Enfamil Gentlease Neuro-pro (Purple)
- ANY preemie formula!

Baby Food Items

- Jarred food (fruits, veggies, meats)
- Cereals (oats, rice)
- Pedialyte or other electrolyte drink (suitable for children under 3 years old)

Donations can be dropped off at the red donations door during our donation hours (M&W 10:00-4:00, T&TH 10:00-7:00) or shipped to us using our address listed at the top of this page. As always, **thank you** for helping families succeed!









The official registration and financial information of TryLife Center may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement. TryLife Center is a 501(c)(3) nonprofit organization. Contributions are tax deductible to the fullest extent permitted by law.